| ETHERIDGE HALL DINING FACILITY MENU WEEK 5         |                             |  |   |  |  |
|--|-----------------------------|--|---|--|--|
|  |                             | Week of January 27th through F         |   |  |  |
|  |                             | fast 0630 to 0745 / Lunch 1130 to 1300 |   |  |  |
| PLEASE SHOW YOUR CAC/ID CARD FOR PROPER PROCESSING |                             |  |   |  |  |
|  | BREAKFAST \$2.85/ \$4.85    | LUNCH \$5.70 / \$9.70                  | DINNER \$5.70 / \$9.70                      |  |  |
| MONDAY   | Cream of Wheat              | Beef Barley Soup                       | Beef Barley Soup                            |  |  |
|  | French Toast Sticks         | *Kalua Pulled Pork                     | *Baked Chicken Thigh                        |  |  |
|  | Scrambled Eggs              | Asian BBQ Beef                         | Beef Bolognese                              |  |  |
|  | Hard Boiled Eggs            | Fried Rice                             | Penne Marinara                              |  |  |
|  | Hash Brown Patty            | Rissole Potatoes                       | Steamed Italian Barley                      |  |  |
|  | Bacon                       | Oriental Blend                         | Green Beans                                 |  |  |
|  | Chicken Sausage Patty       | Roasted Broccoli                       | Roasted cauliflower                         |  |  |
|  | Sausage Gravy               | Egg Roll                               | Beef & Bean Burrito                         |  |  |
|  |                             |  |   |  |  |
|  | BREAKFAST \$2.85/ \$4.85    | LUNCH \$5.70 / \$9.70                  | <b>DINNER \$5.70 / \$9.70</b>               |  |  |
| TUESDAY  | Caramel Apple Oatmeal       | Chicken Noodle Soup                    | Chicken Noodle Soup                         |  |  |
|  | Pancakes                    | *Grilled Chicken Strip Taco            | *Grilled Pork Chop w/ Honey Garlic<br>Sauce |  |  |
|  | Scrambled Eggs              | Shredded Beef Taco                     | Meat Lasagna                                |  |  |
|  | Hard Boiled Eggs            | Adobo Seasoned Steak Fries             | Garlic Bread Sticks                         |  |  |
|  | Diced Breakfast Potatoes    | Refried Beans                          | Oven Roasted Diced Potatoes                 |  |  |
|  | Pork Sausage Link           | Roasted Mushrooms                      | Buttered Sliced Carrots                     |  |  |
|  | Canadian Bacon              | Sauteed Green Beans                    | Broccoli Rabe                               |  |  |
|  | Spinach & Mushroom Scramble | Chicken Salad Sandwich                 | Fish Sticks                                 |  |  |
|  |                             |  |   |  |  |
|  | BREAKFAST \$2.85/ \$4.85    | LUNCH \$5.70 / \$9.70                  | <b>DINNER \$5.70 / \$9.70</b>               |  |  |
| WEDNESDAY  | Grits                       | Corn Chowder Soup                      | Corn Chowder Soup                           |  |  |
|  | Waffles                     | *Ponzu Shrimp                          | *Lemon Pepper Chicken Breast                |  |  |
|  | Scrambled Eggs              | Bang Bang Chicken Thigh                | Beef Bourguignon                            |  |  |
|  | Hard Boiled Eggs            | Cajun Spiced Barley                    | Italian Rice                                |  |  |
|  | Shredded Hash Browns        | Au Gratin Potatoes                     | Mediterranean Cous Cous                     |  |  |
|  | Pork Roll                   | Sauteed Wax Beans                      | Roasted Brussel Sprouts                     |  |  |
|  | Turkey Bacon                | Roasted Broccoli                       | Peas & Pearl Onions                         |  |  |
|  | Bacon Gravy                 | Beef Tornado                           | Hot Dog on a Bun                            |  |  |
|  |                             |  |   |  |  |
|  | BREAKFAST \$2.85/ \$4.85    | <u>LUNCH \$5.70 / \$9.70</u>           | DINNER \$5.70 / \$9.70                      |  |  |
| THURSDAY   | Baked Oatmeal               | Potato Leek Soup                       | Potato Leek Soup                            |  |  |
|  | Fruit Stuffed Pancakes      | *Cod w/ Lemon Butter Sauce             | *Baked Chicken Legs w/ BBQ Sauce            |  |  |
|  | Scrambled Eggs              | Prime Rib                              | Chicken & Shrimp Gumbo                      |  |  |
|  | Hard Boiled Eggs            | Roasted Red Potatoes                   | Cajun Cous Cous                             |  |  |
|  | Sliced O'Brien Potatoes     | Pesto Cous Cous                        | Roasted Red Potatoes                        |  |  |
|  | Turkey Sausage              | Roasted Asparagus                      | Parm Roasted Cauliflower                    |  |  |
|  | Ham Steak                   | Corn on the Cob                        | Steamed Sliced Carrots                      |  |  |
|  | Corned Beef Hash            | Tuna Salad Sandwich                    | Riblet Sandwich                             |  |  |
|  |                             |  |   |  |  |

|          | ETHERIDGE HA                 | LL DINING FACILITY MENU                   | WEEK 5                        |
|----------|------------------------------|---|-------------------------------|
|          | Dining Facility Menu V       | Veek of January 27th through Feb          | ruary 2nd                     |
|          | <u> </u>                     | ast 0630 to 0745 / Lunch 1130 to 1300 / E | ·                             |
|          | PLEASE SHOW YO               | OUR CAC/ID CARD FOR PROPER PROCES         | SING                          |
|          | BREAKFAST \$2.85/ \$4.85     | LUNCH \$5.70 / \$9.70                     | DINNER \$5.70 / \$9.70        |
| FRIDAY   | Cream of Wheat               | Seafood Gumbo                             | Seafood Gumbo                 |
|          | Cinnamon French Toast Sticks | *Lemon Pepper Shrimp                      | *Roast Pork Loin              |
|          | Scrambled Eggs               | Chipotle Chicken Thigh                    | Chicken Breast w/ Pesto Sauce |
|          | Hard Boiled Eggs             | Nacho Chips                               | Penne Carbonara               |
|          | Crispy Cubes                 | Seasoned Black Beans w/ Veggies           | Coconut Rice                  |
|          | Pork Sausage Links           | Cilantro Lime Cole Slaw                   | Honey Glazed Carrots          |
|          | Turkey Sausage Patty's       | Creamed Spinach                           | Roasted Broccoli              |
|          | Biscuits & Gravy             | Cheese Quesadilla                         | Fruit Filled Rolled Pancake   |
|          |                              |   |                               |
|          | BREAKFAST \$2.85/ \$4.85     | LUNCH \$5.70 / \$9.70                     | DINNER \$5.70 / \$9.70        |
| SATURDAY | Grits                        | Tomato Basil                              | Tomato Basil                  |
|          | Chocolate Chip Waffle        | *Baked Chicken Thigh w/ Yum Yum<br>Sauce  | *Grilled Chicken Strips       |
|          | Scrambled Eggs               | Cheese Steak on a Roll                    | Sloppy Joe                    |
|          | Hard Boiled Eggs             | Boiled New Potatoes                       | Potato Wedges                 |
|          | Diced Potatoes               | Onion Rings                               | Steamed Brown Rice            |
|          | Pork Sausage Patties         | Peas                                      | Green Beans w/ Almonds        |
|          | Canadian Bacon               | Steamed corn                              | Sauteed Squash                |
|          | Broccoli & Cheese Scrambled  | Bean Burrito                              | Baked Fish Wedge              |
|          |                              |   |                               |
|          | BREAKFAST \$2.85/ \$4.85     | <u>LUNCH \$5.70 / \$9.70</u>              | <b>DINNER \$5.70 / \$9.70</b> |
| SUNDAY   | Oatmeal                      | Cream of Asparagus Soup                   | Cream of Asparagus Soup       |
|          | Pancakes                     | *Baked Tilapia w/Wine Sauce               | *Jerk Chicken Legs            |
|          | Scrambled Eggs               | Italian Sausage                           | Pineapple Mango Pulled Pork   |
|          | Hard Boiled Eggs             | Butter & Herb Farfalle                    | Baked Sweet Potato            |
|          | Hash Brown Bites             | Garlic & Herb Polenta                     | Dirty Rice                    |
|          | Turkey Bacon                 | Roasted Zucchini                          | Sliced Carrots                |
|          | Sausage Patty                | Sauteed Spinach                           | Braised Collard Greens        |
|          | Creamed Chipped Beef         | Cheeseburger on a Bun                     | Southwest Chicken Roll        |
|          |                              |   |                               |